



केन्द्रीय माध्यमिक शिक्षा बोर्ड
(मानव संसाधन विकास मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)
CENTRAL BOARD OF SECONDARY EDUCATION
(An Autonomous Organisation under the Ministry of Human Resource Development, Govt. of India)



CBSE/DIR./SE&T/Fit India/2020

22.12.2020

NOTIFICATION

CELEBRATING FIT INDIA SCHOOL WEEK-2020

An overwhelming response has been received from the schools for celebrating the 'Fit India School Week-2020'.

However, it has come to the notice that some schools are finding it difficult to register to the Fit India website for organizing the 'Fit India School Week-2020'. In this regard, please refer to *Annexure A* for the guidelines /steps for registering on the Fit India website.

For the list of activities to be done during the 'Fit India School Week-2020', please refer to CBSE Circular No. Acad-82/2020 dated 03/11/2020

The supporting creatives/videos that can be used by CBSE schools to promote the 'Fit India School Week-2020' can be accessed using the following link:

https://drive.google.com/drive/folders/1U7UUSslabeea-IR_Gzn6eRx-BUMg85?usp=sharing

All the schools are urged to participate in the 'Fit India School Week-2020' and organize activities for students, their families and staff and be a part of the nationwide movement to promote a culture of fitness in the country.

Biswajit Saha
Dr. Biswajit Saha

Director (Skill Education and Training)

Encl: As Above



'शिक्षा सदन', 17, राऊज एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली - 110002
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi - 110002





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Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:

1. The Director General, Sports Authority of India (Ministry of Youth Affairs & Sports), Jawaharlal Nehru Stadium Complex, East Gate No. 10, Lodhi Road, New Delhi - 110003
2. The Commissioner, Kendriya Vidyalaya Sangathan, 18-Institutional Area, Shaheed Jeet Singh Marg, Delhi-110016.
3. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida 201309.
4. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110054
5. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
6. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
7. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
8. The Director of Education, Govt. of A&N Islands, Port Blair - 744101
9. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector 3, Rohini
10. The Additional Director General of Army Education, A–Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
11. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
12. DS to Chairman, CBSE - for kind information of the Chairman, CBSE
13. All the Heads of Department of the Board.
14. All the Regional Directors/Regional Officers/Head-COEs, CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions for compliance.
15. Head (Media & Public Relations), CBSE
16. Assistant Secretary (IT), CBSE, Rouse Avenue with the request to upload this notification on the CBSE Academic website



‘[राक्षा सदन’, 17, राऊज़ एवेन्यू, इंस्टीटूशनल एरिया, नई दिल्ली – 110002
‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002



How To Apply

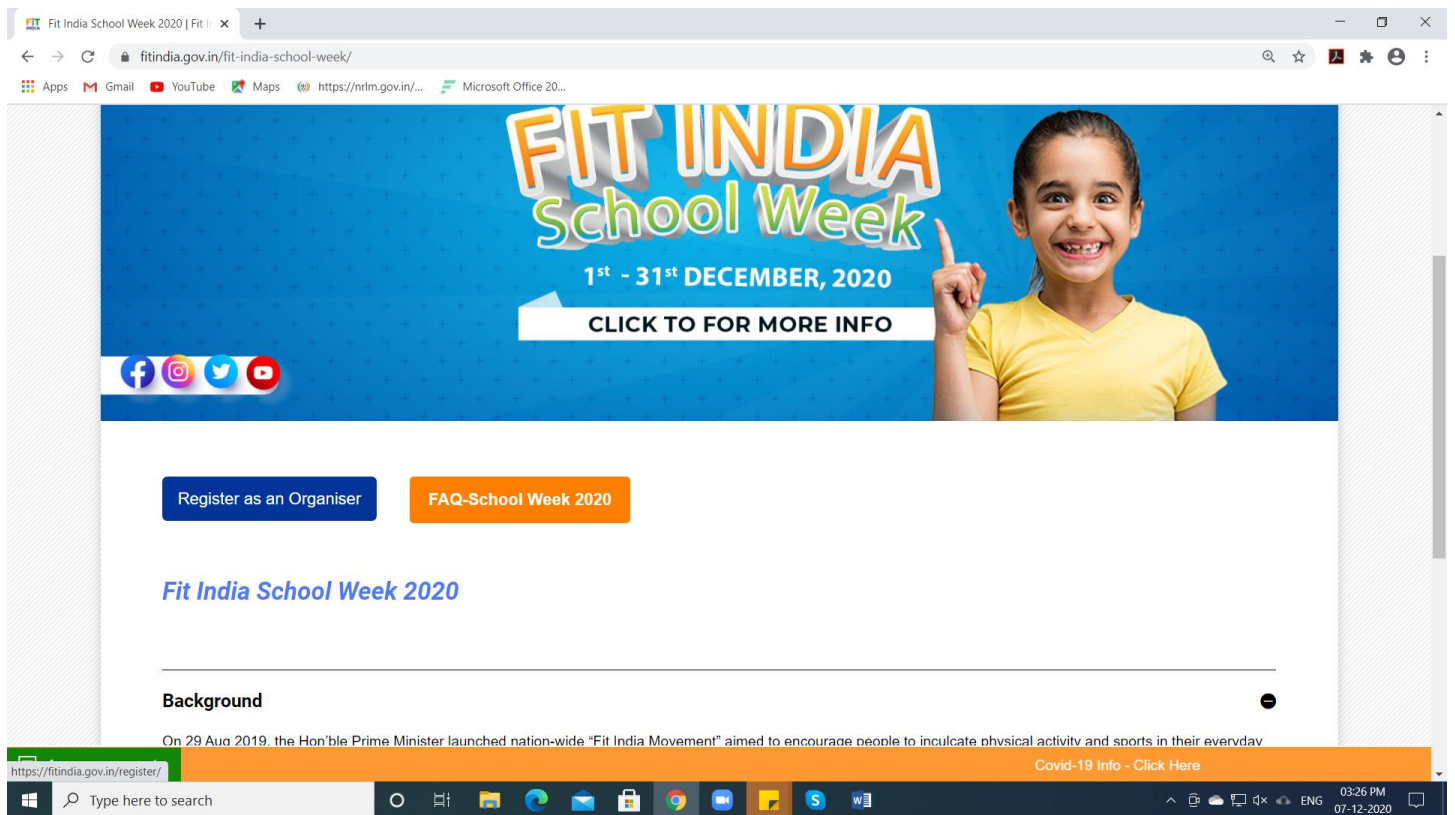
For Schools to register for **Fit India School Week-2020**

Step-1: On your desktop/Laptop/Mobile please open the internet browser (chrome/Google) and in the address bar please type <https://fitindia.gov.in/>

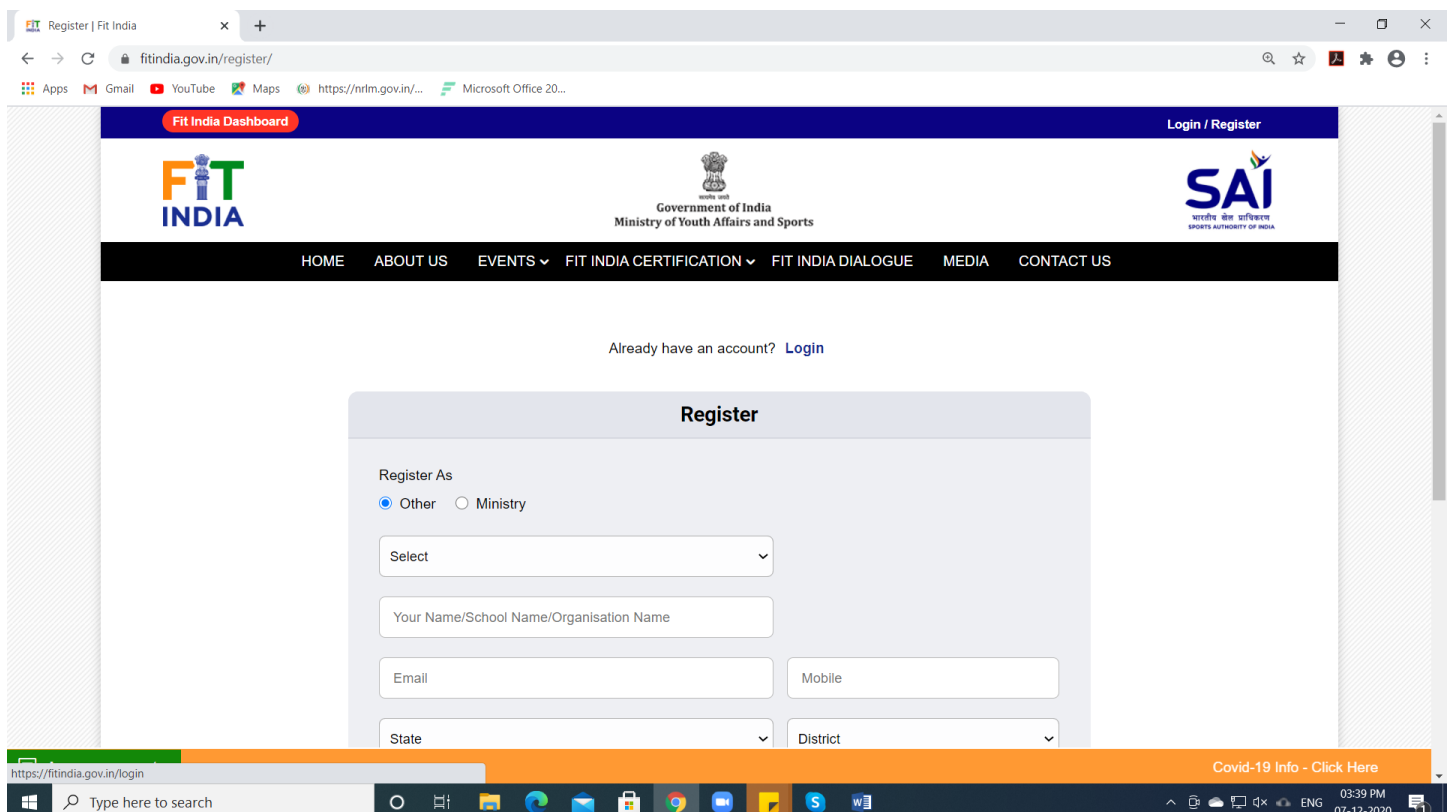
Step-2: Please click on the School week banner/ Events for registration of **Fit India School Week-2020**.

The screenshot displays the Fit India website interface. At the top, there is a navigation bar with the 'Fit India Dashboard' logo on the left and 'Login / Register' on the right. Below this is the header section featuring the 'FIT INDIA' logo, the Government of India emblem, and the 'SAI' logo (Sports Authority of India). A main navigation menu includes links for HOME, ABOUT US, EVENTS, FIT INDIA CERTIFICATION, FIT INDIA DIALOGUE, MEDIA, and CONTACT US. The central focus is a large banner titled 'UPCOMING events' for 'December 2020'. The banner features three circular images: a cyclist for 'Cyclothon 7th - 31st December', a young girl for 'School Week 1st - 31st December', and a group of people for 'Prabhatpheri & Many more... 1st - 6th December'. A 'Click here to know more' button is positioned at the bottom of the banner. The website footer includes a 'Covid-19 Info - Click Here' link and the URL 'www.fitindia.gov.in'. The browser's address bar shows 'fitindia.gov.in', and the Windows taskbar at the bottom indicates the time as 03:25 PM on 07-12-2020.

Step-3: Once you click on the above page, the below page will appear, click on register as an organiser.



Step-4: If you are already a registered user with Fit India you can click on **login** or if you are new user please register yourself as **School**.



Step-5: Once you have logged in you will see an **Organise an Event** tab on the left side of your screen, click on the tab and select the School Week 2020 from dropdown.

The screenshot shows the Fit India dashboard at the URL fitindia.gov.in/create-event/. The page header includes the Fit India logo, the Government of India emblem, and the SAI logo. A navigation menu contains links for HOME, ABOUT US, EVENTS, FIT INDIA CERTIFICATION, FIT INDIA DIALOGUE, MEDIA, and CONTACT US. A purple banner displays the text "Registered as : School" and "Welcome Army Public School". On the left, a sidebar menu has three items: "Fit India School Certification", "Organise an Event" (which is highlighted), and "My Events". The main content area is titled "Organise an Event" and features an "Event Category*" dropdown menu with the text "Select Category". Below the dropdown are two buttons: "DOWNLOAD LOGO" and "GUIDELINES". At the bottom of the page, there is a "Covid-19 Info - Click Here" link.

This screenshot shows the "Organise an Event" form on the Fit India dashboard. The "Event Category*" dropdown menu is open, showing a list of options: "Fit India School Week-2020", "Fit India Cyclothon-2020", "Fit India School Week-2020" (which is highlighted in blue), and "Choose File | No file chosen". Below the dropdown, there is a section for "Upload second image for Event" with a "Choose File" button and the text "No file chosen". Further down, there is a "Video Link" input field. The "Event Date*" section includes "From Date" and "To Date" input fields. Below that is a "School Name*" input field, and at the bottom, an "Event Name*" input field. The sidebar menu on the left remains the same as in the previous screenshot. The "Covid-19 Info - Click Here" link is also present at the bottom.

Step-6: Please enter the details of the event and click on **submit**.

The screenshot shows a web browser window with the URL fitindia.gov.in/create-event/. The form contains the following fields and buttons:

- School Week Activity:** A text input field containing "School Week Activity".
- No of Participants:** A text input field containing "1000".
- Contact Mobile No.*:** A text input field containing "9015906969".
- Please Enter the Captcha Text:** A captcha image showing "62Hn9d" and a corresponding input field containing "62Hn9d".
- SUBMIT:** A red button.
- DOWNLOAD LOGO:** A button with a circular arrow icon.
- GUIDELINES:** A button with a circular arrow icon.

At the bottom of the page, there is a footer with the text: "© 2020 Sports Authority of India. All rights reserved. Last updated on December 5th, 2020. | No. of Visitors: 30138316".

Step-7: Once the event is created, it will appear in the **My Events Tab**, you can **add Participant** names, **edit** the event, **delete** the event and also you can **download** the certificate.

The screenshot shows a web browser window with the URL fitindia.gov.in/my-events/?deleventid=550530. The page features a navigation menu with links: HOME, ABOUT US, EVENTS, FIT INDIA CERTIFICATION, FIT INDIA DIALOGUE, MEDIA, CONTACT US. A purple banner at the top reads: "Registered as : School Welcome Army Public School".

The main content area is titled "My Events" and includes a sidebar with the following options:

- Fit India School Certification
- Organise an Event
- My Events (selected)

The main event card displays the following information:

- Yoga Activity**
- Participants : 100
- School name : Holy Cross School
- Add Participants** (button)
- Edit** (button) and **Delete** (button)
- Download Certificate** (button)

At the bottom of the page, there is a footer with the text: "© 2020 Sports Authority of India. All rights reserved. Last updated on December 5th, 2020. | No. of Visitors: 30138316".

NOTE 1: Organiser can upload only 2 photos and one video link (**optional**) on Fit India Website. Video link to be created by the school/organiser by uploading the video on YouTube/Facebook/Instagram/twitter.

NOTE 2: Certificate can only be downloaded by the end of the event date selected by the user.